Our Intent:

The goal of our Behaviour Learning Programme is to assist all students to learn, listen and act in a socially responsible manner.

The core of Behaviour Learning is to assist students to identify and practice the virtues, outlined in the Virtues Project, in their everyday life. At Nairne School we believe that Behaviour Learning is as important as Academic Learning and that both are on a developmental continuum. We accept that students will have different skills and abilities and as such will need differing levels of support. Quality relationships between students, teachers, SSOs, volunteers and parents are essential to the success of our Behaviour Learning programme.

We operate on

- a high level of trust
- respect for the dignity of the individual
- the understanding that behaviour is, for the majority of students, a choice

Because our school encourages and rewards appropriate behaviour, we will, in partnership with parents, guide and support students to improve their ability to be socially responsible members of the Nairne School community.

What the school does to promote a positive learning culture:

At Nairne School we operate a series of strategic and very deliberate programmes to assist all students.

<table>
<thead>
<tr>
<th>We do this by:</th>
<th>In the classroom:</th>
<th>Across the Whole School:</th>
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<tbody>
<tr>
<td>Positive role modelling by staff and student leaders.</td>
<td>Explicit teaching of social skills (listening, responding, group skills, turn taking, negotiation, problem solving, anger management, conflict resolution)</td>
<td>Fostering Buddy Class Programme</td>
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<td>Encouraging students to be accepting tolerant of differences - studying different cultures, countries beliefs.</td>
<td>Supporting the development of socially responsible attitudes through the Virtues Project (respecting other views, accepting different ideas, respecting own and others property, caring for our school class environment, personal care and care for others)</td>
<td>Student Voice</td>
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<td>Acknowledging every student has strengths</td>
<td>Developing classroom expectations and reward structures which are consistent with our whole school philosophy</td>
<td>Using “Counsellor Chat”</td>
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<tr>
<td>Encouraging students to take responsibility for the choices they make and to look for ways of repairing damage done when an error in judgement is made.</td>
<td>Explicit teaching of thinking and problem solving skills</td>
<td>Whole school student run assemblies</td>
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<td>Teach internet safety skills and knowledge.</td>
<td>Explicitly teaching of the Child Protection Curriculum</td>
<td>Providing opportunities for students to engage in school performances, sports, choir, chess club, Pedal Prix, lunchtime activities and organizing aspects of school life</td>
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<tr>
<td>Having positive psychology principles throughout the school.</td>
<td>Acknowledging and displaying students achievements</td>
<td>Displaying and acknowledging student work and achievements.</td>
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<td>Teaching of Virtues and integrating them into the curriculum</td>
<td>Focus on personalised learning using the Walker model of learning.</td>
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<td>Establishing leadership responsibilities for students through the Student Voice Group</td>
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<td>Providing opportunities for all students to be engaged in making things in The Tech Shed.</td>
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<td>Acknowledging students, who demonstrate Virtues, by issuing Virtue Cards.</td>
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<td>Students participate in programs such as Rock and Water and All About Choice to support them to remain calm and seek appropriate help if needed.</td>
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<td>One50 dance supports upper primary girls by focusing on positive self esteem.</td>
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<td>What’s the buzz social skills enrichment program</td>
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</table>
# Antibullying Policy

## What is Bullying?

Bullying is the deliberate, repeated, psychological, emotional and or physical harassment of one student by another (or a group).

**Bullying can be:**

**Emotional**: being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures), intimidation.

**Physical**: pushing, kicking, hitting, punching or any use of violence.

**Racial**: racial taunts, graffiti, gestures, comments, names.

**Sexual**: unwanted physical contact, sexual gestures, sexually abusive comments or focusing on the issue of sexuality, sending sexual images via phone or internet.

**Verbal**: name-calling, sarcasm, spreading rumours, teasing, abusive or threatening phone calls

**Cyber**: any bullying done through the use of technology, including abuse using email, instant messaging, text messaging, websites, social networking sites, etc.

## Why is it important to respond to bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Bullying can cause loneliness, depression, anxiety, poor academic achievement, lead to low self-esteem and increased susceptibility to illness. Students who are bullying need to learn appropriate ways of behaving. Students who bully have a higher likelihood of depression, aggression and incarceration as adults. Schools are expected to respond promptly and effectively to issues of bullying.

## What to do if your child is being bullied:

If your child is being bullied, please **REPORT** it. Provide as much detail as possible about each of the incidents.

Written details of bullying incidents should include: when, where, what happened, who was involved (including bystanders) and any action your child may have taken to stop it.

This will ensure the school can respond immediately, accurately and effectively.

**Please do not approach any children involved or their parents.**

**Who to report to:**

Tell any staff member you feel comfortable talking to. This could be the class-teacher, an SSO, the Counsellor, Deputy or the Principal.

**Grievance Procedure**

<table>
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<tr>
<th>Procedure</th>
<th>Description</th>
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</table>
| **How to report** | 1. Arrange a meeting for you and your child with an appropriate staff member (Teacher, Principal, Deputy or Counsellor).  
2. Bring to the meeting **the facts** in writing.  
3. Work with your child and school staff on a plan to keep your child safe, including strategies to avoid being bullied and responses to future bullying.  

*Please do not discuss events on social media. It is important that adults positively model how to resolve an issue in a respectful way and ensuring that all sides to the story are heard.* |
| **Advice for parents** | 1. If you are worried that your child is being bullied, ask him her directly.  
2. Give your child a chance to vent his her feelings about being bullied.  
3. Access the school for resources about bullying.  
4. Follow up with the school what action has been taken to stop the bullying.  
5. Be a role model for your child – treat people with tolerance, kindness and respect. Be assertive rather than aggressive. Speak kindly of yourself and others.  

Contact a member of the leadership team for more parent help and advice. |
What the school will do when bullying is reported:

### Staff and Leadership may use the following strategies/programs

- Talk with students involved and help them to solve the problem in a restorative way.
- Teach students about dealing with conflict and anger.
- Teach students about care and respect for themselves and others.
- Mediation
- Method of Shared Concern
- Restorative Practices
- No Blame Approach
- Use the Child Protection Curriculum
- Use the Virtues Project

### Children can be supported by

- Class Teacher
- SSO
- OSHC staff
- School-based Counsellor
- Deputy Principal
- Principal

The school can also seek support from the services available in the Regional Office.

If the bullying behaviour continues the leadership team will respond in accordance with the DECD student behaviour management procedures.

Students using bullying behaviours may undergo counselling in order to make changes to their behaviour. Parents may be asked to attend some or all of these sessions in consultation with school leadership or teacher.

After the incident/incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.

If the bullying continues, TELL someone IMMEDIATELY.

### Useful Resources:


Kids Helpline 1800 55 1800
At Nairne we actively support students to be part of resolving problems and seeking support from an adult if needed. Below is our “choice steps” developed by our student voice and used in all classrooms.

**Problem**
- Ignore
- Walk Away
- Tell them to stop
- Tell a Teacher
- Tell a Teacher Again
- Fill in a Counsellor Chat

**CHOICE**
- **CALM**
  - Breathe
  - Exhale
  - Slow down.
  - Count to 10 slowly

- **HELP**
  - Are you okay?
  - Is this yours?
  - Would you like me to help?

- **OWN UP TO IT**
  - I’m sorry.
  - I made a mistake.
  - I need to help make it better.
  - People will trust me if I’m honest.

- **IN CONTROL**
  - I give myself good messages.
  - I can deal with this.
  - It’s okay.
  - I’m getting better.
  - It’s hard to wait but I can do it.

- **CLEAR MESSAGE**
  - Thanks, that was great.
  - Wow, you really are clever.
  - Pushing hurts me, stop now.
  - I’m trying to listen, leave me alone.

- **EXIT**
  - Walk myself away.
  - I need to move away.
  - Step back move my feet.
If your child is being bullied please do not approach any children involved or their parents.

Talk to your child and record as much information as possible.

Arrange a meeting with an appropriate staff member.

Bring the facts in writing to the meeting.

Work with the school and your child to develop a plan to keep your child safe.

If you feel that the issue has not been resolved by working with the school you can contact the following:

**Adelaide Hills Regional Office**
8391 4705

**Parent Complaint Unit DECD**
parentcomplaint@sa.gov.au
1800 677 435